## Spring Term Menu - $3^{\text {rd }}$ Jan - 28th March 2024

Child's Name.

|  | Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Week Commencing$\begin{aligned} & 01 / 01 / 24 \\ & 29 / 01 / 24 \\ & 04 / 03 / 24 \end{aligned}$ | Main | Chicken Goujons | Chilli Beef Nachos | Beef Stew Roast Dinner | Chicken Fajitas | Cheese and Ham Pizza |
|  | Veggie | Vegetable Bolognese | Sweet Potato Lentil Jumbo | Quorn Roast Dinner | Cheese and Onion Wrap | Cheese and Onion Quiche |
|  | Side <br> Included with the meals above. | Potatoes <br> Seasonal vegetables | Basmati Rice Seasonal vegetables | Roast Potatoes, Stuffing, Gravy, Vegetables | Basmati/Brown Rice Seasonal Vegetables | Skin on Fries Seasonal Vegetables |
|  | Pudding Included with the meals above. | Apple and Rhubarb Crumble or Yoghurt or Fruit | Chocolate Sponge or Yoghurt or Fruit | Apple Sultana Slice or Yoghurt, or Fruit | Chocolate Pear Pudding or Yoghurt or Fruit | Ice Cream or Yoghurt or Fruit |


|  | Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Week <br> Commencing <br> 08/01/24 <br> 05/02/24 <br> 11/03/24 | Main | Pasta Carbonara | Mexican Tomato Chicken | Pork Sausage Roast Dinner | Chicken Katsu Curry | Salmon Fish Fingers |
|  | Veggie | Tomato and Butterbean Pasta Bake | Vegetable Risotto | Vegan Sausage Roast Dinner | Vegetable Fajitas | Cheese and Tomato Pizza |
|  | Side Included with the meals above. | Whole wheat Pasta Seasonal Vegetables | Potatoes Seasonal Vegetables | Roast Potatoes, Stuffing, Gravy, Vegetables | Basmati/Brown Rice Seasonal Vegetables | Skin on Fries Seasonal Vegetables |
|  | Pudding Included with the meals above. | Fruit Jelly or Yoghurt or Fruit | Chocolate Brownie or Yoghurt or Fruit | Apricot Oat Bars or Yoghurt or Fruit | Cheese, Fruit and Biscuits or Yoghurt or Fruit | Ice Cream or Yoghurt or Fruit |


|  | Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: |
| Week <br> Commencing <br> $15 / 01 / 24$ <br> $19 / 02 / 24$ <br> $18 / 03 / 24$ | Main | Veggie | Meatballs in Gravy | Beef Chow Mein <br> Noodles | Roast Ham Dinner | Chicken Paella |


|  | Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Week Commencing <br> 22/01/24 <br> 26/02/24 <br> 25/03/24 | Main | Tuna and Tomato Whole Wheat Pasta Bake | Pork Sausage Roll | Pork Sausage Roast Dinner | Beef and Vegetable Pie | Cheese and Ham Pizza |
|  | Veggie | Veggie Bolognese | Pea and Feta Frittata | Quorn Sausage Roast Dinner | Mac and Cheese | Veggie Burger |
|  | Side Included with the meals above. | Potatoes Seasonal Vegetables | Potatoes Seasonal Vegetables | Roast Potatoes, Stuffing, Gravy, Vegetables | Basmati/ Brown Rice Seasonal vegetables | Skin on Fries Seasonal Vegetables |
|  | Pudding Included with the meals above. | Fruit Jelly or Yoghurt or Fruit | Apple Ginger Pudding or Yoghurt or Fruit | Orange Shortbread or Yoghurt or Fruit | Lemon Sponge or Yoghurt or Fruit | Ice cream or Yoghurt or Fruit |

## Wholemeal bread and fresh fruit is available every day.



|  | Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Week <br> Commencing <br> 22/01/24 <br> 26/02/24 <br> 25/03/24 | Gluten/Dairy Free Option | Veggie Pasta Bake | Herby Bangers | Sausage Roast Dinner | Roasted Vegetables in Gravy | Fish Fingers |
|  | Vegan | Veggie Pasta Bake | Vegan Sausage Roll | Vegan Sausage Roast | Veggie Pie | Fishless Fingers |
|  | Pudding Included with the meals above. | Fruit Jelly or Fruit | Chocolate Pot or Fruit | Chocolate Cookie or Fruit | Fruit Cookie or Fruit | Ice lolly or Fruit |

