

	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week Commencing</b> 04/09/23 02/10/23 06/11/23 04/12/23	<b>Main</b>	Chicken Goujons	Mild Chilli Nachos	Pork Sausage Roast Dinner	Traditional Bolognese	Hot Dog
	<b>Veggie</b>	Mac and Cheese	Vegetable Omelette	Vegan Sausage Roast Dinner	Vegetable Arrabiata Pasta	Cheese and Tomato Pizza
	<b>Side</b> Included with the meals above.	Potatoes Seasonal vegetables	Basmati Rice Seasonal vegetables	Roast Potatoes, Stuffing, Gravy, Vegetables	Whole wheat Pasta Seasonal Vegetables	Skin on Fries Seasonal Vegetables
	<b>Pudding</b> Included with the meals above.	Apple Crumble or Yoghurt or Fruit	Chocolate Brownie or Yoghurt or Fruit	Lemon Sponge or Yoghurt, or Fruit	Fruit Jelly or Yoghurt or Fruit	Ice Cream or Yoghurt or Fruit

	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week Commencing</b> 11/09/23 09/10/23 13/11/23 11/12/23	<b>Main</b>	Cheese and Bacon Pasta	Chicken Korma	Ham Roast Dinner	Mozzarella Meatballs	Cheese and Tomato Pizza
	<b>Veggie</b>	Veggie Ribbon Pasta Bake	Mozzarella No Meatballs	Quorn Roast Dinner	Roast Cherry Tomato Pasta	Vegetable Fingers
	<b>Side</b> Included with the meals above.	Whole wheat Pasta Seasonal Vegetables	Basmati Rice Seasonal Vegetables	Roast Potatoes, Stuffing, Gravy, Vegetables	Whole wheat Pasta Seasonal Vegetables	Skin on Fries Seasonal Vegetables
	<b>Pudding</b> Included with the meals above.	Cheese, fruit and biscuits or Yoghurt or Fruit	Chocolate Sponge or Yoghurt or Fruit	Fruity Flapjack or Yoghurt or Fruit	Pear Sponge or Yoghurt or Fruit	Ice Cream or Yoghurt or Fruit

	Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week Commencing</b> 18/09/23 16/10/23 20/11/23	<b>Main</b>	Sausage Roll	Beef Burrito Wraps	Chicken Roast Dinner	Mini Ploughman's Lunch	Fish Fingers
	<b>Veggie</b>	Veggie Burger	Mild Vegetable Curry	Vegan Sausage Roast Dinner	Roasted Vegetable Bake	Cheese and Tomato Pizza
	<b>Side</b> Included with the meals above.	Potatoes Seasonal Vegetables	Brown Basmati Rice Seasonal Vegetables	Roast Potatoes, Stuffing, Gravy, Vegetables	Potatoes Seasonal Vegetables	Chunky Chips Seasonal Vegetables
	<b>Pudding</b> Included with the meals above.	Peach Crumble or Yoghurt or Fruit	Chocolate Marble Cake or Yoghurt or Fruit	Fruit Jelly or Yoghurt or Fruit	Fruity Tea Bread or Yoghurt or Fruit	Ice Cream or Yoghurt or Fruit

	<b>Week 4</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week Commencing</b> 25/09/23 30/10/23 27/11/23	<b>Main</b>	Ham and Cheese Pasta	Chicken Nuggets	Pork Sausage Roast Dinner	Chinese Style Chicken	Cheese and Tomato Pizza
	<b>Veggie</b>	Veggie Pesto Mozzarella Pasta	Veggie Bolognese Pasta	Cauliflower Cheese Roast Dinner	Quorn Nuggets	Veggie Burger
	<b>Side</b> Included with the meals above.	Whole wheat Pasta Seasonal Vegetables	Potatoes Seasonal Vegetables	Roast Potatoes, Stuffing, Gravy, Vegetables	Basmati Rice Seasonal vegetables	Skin on Fries Seasonal Vegetables
	<b>Pudding</b> Included with the meals above.	Fruity Granola Bar or Yoghurt or Fruit	Chocolate Cookie or Yoghurt or Fruit	Fruit Jelly or Yoghurt or Fruit	Ginger and Pear Sponge or Yoghurt or Fruit	Ice cream or Yoghurt or Fruit

	<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week Commencing</b> 04/09/23 02/10/23 06/11/23 04/12/23	<b>Gluten/Dairy Free Option</b>	Vegetable Burger	Mild Chilli Nachos	Pork Sausage Roast Dinner	Vegetable Arrabiata Pasta	Herby Bangers
	<b>Vegan</b>	Vegetable Burger	Mild Chilli Nachos	Vegan Sausage	Vegetable Arrabiata Pasta	Herby Bangers
	<b>Pudding</b> Included with the meals above.	Fruity Fromage Frais or Fruit	Chocolate Brownie or Fruit	Chocolate Cookie or Fruit	Fruit Jelly or Fruit	Ice lolly or Fruit

	<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week Commencing</b> 11/09/23 09/10/23 13/11/23 11/12/23	<b>Gluten/Dairy Free Option</b>	Veggie Ribbon Pasta Bake	No Meat Meatballs	Ham Roast Dinner	Roast Cherry Tomato Pasta	Fish Fingers
	<b>Vegan</b>	Veggie Ribbon Pasta Bake	No Meat Meatballs	Vegan Sausage	Roast Cherry Tomato Pasta	Fishless Fingers
	<b>Pudding</b> Included with the meals above.	Chocolate Brownie or Fruit	Fruity Fromage Frais or Fruit	Chocolate Cookie or Fruit	Chocolate Pot or Fruit	Ice lolly or Fruit

	<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week Commencing</b> 18/09/23 16/10/23 20/11/23	<b>Gluten/Dairy Free Option</b>	Herby Bangers	Mild Vegetable Curry	Chicken Roast Dinner	Roasted Vegetable Bake	Vegetable Burger
	<b>Vegan</b>	Herby Bangers	Mild Vegetable Curry	Vegan Sausage Roast	Roasted Vegetable Bake	Vegetable Burger
	<b>Pudding</b> Included with the meals above.	Chocolate Pot or Fruit	Chocolate Cookie or Fruit	Fruit Jelly or Fruit	Chocolate Brownie or Fruit	Ice lolly or Fruit

	<b>Week 4</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week Commencing</b> 25/09/23 30/10/23 27/11/23	<b>Gluten/Dairy Free Option</b>	Jacket Potato and Beans	Veggie Bolognese	Sausage Roast Dinner	Chinese Style Veggie Stir Fry	Fish Fingers
	<b>Vegan</b>	Jacket Potato and Beans	Veggie Bolognese	Vegan Sausage Roast	Chinese Style Veggie Stir Fry	Fishless Fingers
	<b>Pudding</b> Included with the meals above.	Chocolate Brownie or Fruit	Chocolate Pot or Fruit	Fruit Jelly or Fruit	Fruity Fromage Frais or Fruit	Ice lolly or Fruit